

# What's on the Menu?

## Elementary Breakfast Menu – January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>4</p> <p>Blueberry Bagel</p> <p>Cream Cheese</p> <p>Lucky Charms</p> <p>Chocolate Chip Muffin</p>	<p>5</p> <p>Chicken Biscuit Sandwich</p> <p>Apple Cinnamon Cheerios</p>	<p>6</p> <p>Pancakes</p> <p>Frosted Corn Flakes</p> <p>WG Banana Muffin</p>
<p>9</p> <p>Apple Frudel</p> <p>Apple Cinnamon Cheerios</p> <p>WG Blueberry Muffin</p>	<p>10</p> <p>Sausage &amp; Cheese Bagel Sandwich</p> <p>Cocoa Puffs Cereal</p> <p>Frosted Cinnamon Poptart</p>	<p>11</p> <p>WG French Toast Sticks</p> <p>Lucky Charms</p> <p>WG Banana Muffin</p>	<p>12</p> <p>Colby Cheese Omelet</p> <p>Cinnamon Toast Crunch</p>	<p>13</p> <p>No School</p>
<p>16</p> <p>No School</p> <p>MLK Day</p>	<p>17</p> <p>Egg, Cheese, &amp; Pancake Sandwich</p> <p>Cocoa Puffs Cereal</p> <p>Blueberry Nutrigrain Bar</p>	<p>18</p> <p>Waffles</p> <p>Lucky Charms</p> <p>WG Blueberry Muffin</p>	<p>19</p> <p>Bacon, Egg, &amp; Cheese Wrap</p> <p>Golden Grahams</p> <p>Frosted Strawberry Poptart</p>	<p>20</p> <p>WG Donut</p> <p>Special Edition Trix</p> <p>WG Banana Muffin</p>
<p>23</p> <p>Mini Cinnis</p> <p>Cinnamon Toast Crunch</p> <p>WG Chocolate Chocolate Chip Muffin</p>	<p>24</p> <p>WG Waffle</p> <p>Cocoa Puffs Cereal</p> <p>Strawberry Nutrigrain Bar</p>	<p>25</p> <p>Skewered Sausage Pancake</p> <p>Lucky Charms</p> <p>WG Banana Muffin</p>	<p>26</p> <p>Sausage, Cheese, &amp; Biscuit Sandwich</p> <p>Apple Cinnamon Cheerios</p> <p>Frosted Cinnamon Poptart</p>	<p>27</p> <p>WG Baked Cinnamon Roll</p> <p>Apple Slices</p> <p>Trix</p> <p>WG Blueberry</p>
<p>30</p> <p>Apple Frudel</p> <p>Lucky Charms Cereal</p> <p>Apple Cinnamon Muffin</p>	<p>31</p> <p>Bagel with Cream Cheese</p> <p>Cocoa Puffs Cereal</p> <p>Blueberry Nutrigrain Bar</p>			

# What's on the Menu?

## Elementary Lunch Menu – January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>4</p> <p>WG French Toast Sticks</p> <p>Cereal, Yogurt, &amp; Cheese Fun Lunch</p>	<p>5</p> <p>Turkey Nachos</p> <p>Cheese Quesadilla with Salsa</p>	<p>6</p> <p>Turkey Ham &amp; Cheese on Pretzel Bun</p> <p>Three Cheese Pretzel Sandwich</p>
<p>9</p> <p>Mini Turkey Corn Dogs</p> <p>Sunbutter &amp; Grape Jelly Sandwich</p>	<p>10</p> <p>Personal Galaxy Cheese Pizza</p> <p>Personal Galaxy Pepperoni Pizza</p> <p>Caprese Salad Shaker</p>	<p>11</p> <p>Mashed Potato &amp; Chicken Bowl</p> <p>Breadstick</p> <p>Veggie Burger</p>	<p>12</p> <p>Cheese Stuffed Breadsticks</p> <p>Muffin, Yogurt, &amp; Cheese Fun Lunch</p> <p>Cereal, Yogurt, &amp; Cheese Fun Lunch</p>	<p>13</p> <p>No School</p>
<p>16</p> <p>No School</p> <p>MLK Day</p>	<p>17</p> <p>Cheesy French Bread Pizza</p> <p>French Bread Pepperoni Pizza</p> <p>Garden Salad with Mozzarella</p>	<p>18</p> <p>Cheeseburger</p> <p>Veggie Burger</p>	<p>19</p> <p>Turkey Meat Tacos</p> <p>Nachos, Cheese, &amp; Salsa Fun Lunch</p>	<p>20</p> <p>Mac &amp; Cheese</p> <p>Steamed Peas</p> <p>Sunbutter &amp; Grape Jelly Sandwich</p>
<p>23</p> <p>Chicken Sandwich</p> <p>Hummus &amp; Veggie Bento Box</p>	<p>24</p> <p>Personal Cheese Pizza</p> <p>Personal Galaxy Pepperoni Pizza</p> <p>Garden Salad</p>	<p>25</p> <p>Spaghetti with Meatballs</p> <p>Roasted Green Beans</p> <p>Sunbutter &amp; Grape Jelly Sandwich</p>	<p>26</p> <p>Orange Chicken</p> <p>Crispy Baked Tofu</p> <p>Brown Rice</p>	<p>27</p> <p>Turkey Hot Dog</p> <p>BBQ Baked Beans</p> <p>Vegan Chic'n Nuggets</p>
<p>30</p> <p>Breaded Chicken Drumstick</p> <p>Hawaiian Roll</p> <p>Glazed Carrots</p>	<p>31</p> <p>Cheesy French Bread Pizza</p> <p>Pepperoni French Bread Pizza</p> <p>Seasoned Broccoli</p>			